

IBMIRJ

Multidisciplinary International Research Journal

ISSN: 3065-7857

October - 2024
Volume-I Issue-I



Office Address:

CEO

Royal International Global LLC

16192 Coastal Highways, County of Sussex,
Lewes, Delaware- 19958

United States of America (USA)

Email: 2024ibrj.us@gmail.com

InSight Bulletin: A Multidisciplinary Interlink International Research Journal (IBMIRJ) ISSN: 3065-7857

INSIGHT BULLETIN: A MULTIDISCIPLINARY INTERLINK INTERNATIONAL RESEARCH JOURNAL (IBMIRJ)



Published By :

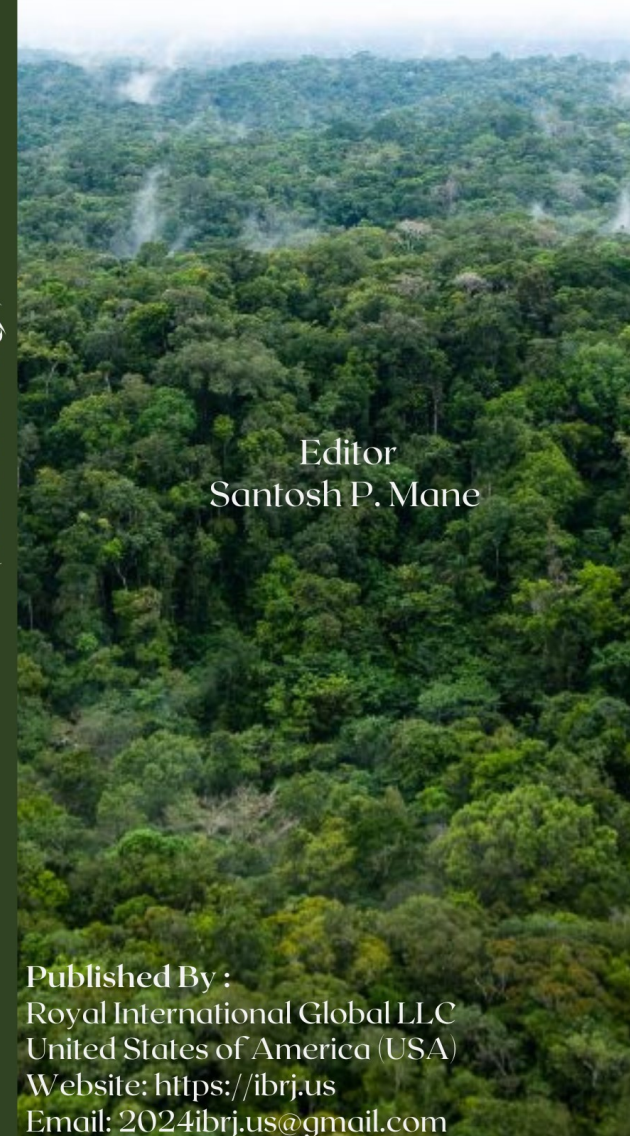
Royal International Global LLC

United States of America (USA)

Website: <https://ibrj.us>

Email: 2024ibrj.us@gmail.com

ISSN: 3065-7857
October - 2024 Volume-I Issue-I



Editor
Santosh P. Mane



JOURNAL PARTICULARS

Name of Journal	InSight Bulletin: A Multidisciplinary Interlink International Research Journal
Frequency	Monthly (Jan to Dec)
e-ISSN	3065-7857
Publisher	Royal International Global LLC 16192 Coastal Highway, County of Sussex, Lewes, Delaware 19958 USA Email: 2024ibrj.us@gmail.com Website: https://ibrj.us
Chief Editor	Santosh P. Mane
Copy right	Royal International Global LLC
Starting Year	October 2024
Subject	Multi-Disciplinary
Review Process	Double Blind Review Process
Language	English
Publication Format	online
Access	 Open Access
License	 Creative Commons Attribution 4.0 International
Phone No.	(+1) 3023033026
Email	2024ibrj.us@gmail.com
Journal Website	https://ibrj.us CEO Royal International Global LLC 16192 Coastal Highway, County of Sussex, Lewes, Delaware 19958 United States of America (USA) Email: ceo@royaligllc.us CEO Royal International Global LLC 16192 Coastal Highway, County of Sussex, Lewes, Delaware 19958 United States of America (USA) Email: ceo@royaligllc.us
Registered office Address	
Admin. Office Address	

InSight Bulletin: A Multidisciplinary Interlink International Research Journal

ISSN: 3065-7857

Volume No-1, Issue No-I, Oct-2024

Publication Language – English Periodicity of Publication- Monthly

Email: 2024ibrj.us@gmail.com Website: <https://ibrj.us> Mob: (+1) 3023033026

CHIEF EDITOR

Dr. Santosh P. Mane

CEO, Royal International Global LLC

16192 Coastal Highway, County of Sussex, Lewes, Delaware 19958

United States of America (USA)

Email: editor@ibrj.us Mob: (+1) 3023033026

EDITORIAL BOARD

Dr. Praveen G. Saptarshi

Dr. Praveen G. Saptarshi

Visiting Faculty

Salisbury University, United States

Email: praveen.saptarshi@gmail.com

Dr. Vinayak P. Dhulap

Director, School of Earth Sciences,

&

Head, Department of Environmental Science,

Punyashlok Ahilyadevi Holkar Solapur

University,

Solapur - 413 255 (Maharashtra) India

Phone & Fax. off. 0217-2744770

Mobile: 07588384576

Email: vpdhulap@sus.ac.in

and

vpdhulap@gmail.com

Dr. F. M. Nadaf

Professor,

Dept. of Geography

DPM's Shree Mallikarjun College, Canacona-Goa

Email- fmnadaf@shreemallikarjuncollege.ac.in

Mob-+91 97654 59914

web- <https://shreemallikarjuncollege.ac.in>

Dr. Lal Mervin Dharmasiri

Senior Professor and Chair

Head of Geography

University of Kelaniya, Sri Lanka

Email- mervin@kln.ac.lk

Mob-+94 71 445 8569

Web- <https://ss.kln.ac.lk>

Dr. Sambhaji. D. Shinde

Professor,

Head Department of Geography,

Shivaji University, Kolhapur

Maharashtra, India

Email- sds_geo@unishivaji.ac.in

Mob-+91 98500 11075

web- <http://www.unishivaji.ac.in>

Dr. Harish. B. Tipe

Professor & Head Dept. of Geography

Vasundhara Kala Mahavidyalaya, Solapur

Maharashtra, India

Email- drhbtiipe@pgai.co.in

tipeharish@gmail.com

Mob- +91 98811 85758

web- <http://vkmsolapur.com/>

PUBLISHER

Royal International Global LLC

16192 Coastal Highways, County of Sussex, Lewes, Delaware 19958

United States of America (USA)

Email: ceo@royaligllc.us website: <https://royaligllc.us>

Index

Sr. No.	Paper Title	Page No.
1	From Ancient Wisdom to Modern Wellness: The Relevance of Yoga Today Dr. Sk Rasid Mahammad	1-4
2	A study of Business Environment and employee health Rajashri Yadav Sawant, Dr. Vaishali M. Deshpande	5-7
3	Austin's Theory of Sovereignty: An Exploration of Political Authority and Legal Order Saket Bihari	8-12
4	Evaluating the Financial Health of Public and Private Sector Banks in India Dr. Nishita Thakrar, Ms. Pooja Thakrar	13-19
5	The Status of Women among the Tribal Communities of West Bengal Rabi Tigga	20-24
6	Federalism and Centre–State Relations in India: Emerging Challenges and Opportunities Shivkumar Jairam Totewad	25-34
7	Can creativity be relearned? Restoring childlike traits as catalysts for innovation in higher education Dr. Suryakant Pandit	35-39
8	Knowledge as a Catalyst for Individual Empowerment and Socio-Economic Development: A Multidisciplinary Narrative Amol Vitthalrao Kharat	40-51