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Policy Reforms and Contemporary Challenges in India

Dr. Subhash Ramchandra Bhosale

BYK (Sinnar) College of Commerce, Nashik

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Correspondence Address:

Dr. Subhash Ramchandra Bhosale, BYK (Sinnar) College of Commerce, Nashik

subhashbhosale1982@gmail.com



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Abstract

This paper examines major economic and governance policy reforms in India over the last decade and evaluates their effectiveness in addressing contemporary development challenges. The analysis focuses on fiscal reforms (including GST and fiscal consolidation), labour law codification, agricultural reforms and their rollback, digital governance (Aadhaar and Direct Benefit Transfers), and climate-related policy shifts. Using a mixed-methods policy analysis approach—drawing on secondary data, policy documents and recent empirical studies—the paper identifies implementation gaps, distributional consequences, and institutional constraints that limit reform impact. Key contemporary challenges include uneven employment generation, agrarian distress, environmental degradation and climate vulnerability, fiscal pressures, and governance/implementation bottlenecks. The paper concludes with concrete, evidence-based policy recommendations for increasing reform resilience, enhancing inclusivity, and strengthening institutions for delivery.

Keywords: India, policy reforms, labour codes, GST, farm laws, governance, climate resilience, inclusive growth.

Introduction

India, the world's fifth-largest economy by nominal GDP and the fastest-growing major economy in many projections, has over the past decade undertaken a suite of wide-ranging policy reforms intended to modernize its fiscal architecture, streamline business regulation, and accelerate service delivery. These reforms—ranging from the Goods and Services Tax (GST) to consolidation of labour laws into four codes, digitalization of welfare transfers and attempts to deregulate agricultural markets—are ambitious in scope and have far-reaching consequences for growth, distribution, and governance. Yet, despite progress on some macro indicators, persistent problems such as jobless growth, agrarian distress, environmental vulnerabilities and implementation shortfalls have constrained inclusive development. This paper assesses the reforms' design and outcomes and maps contemporary challenges that should shape the next stage of policy making.

Literature review

Fiscal and tax reforms

The introduction of the Goods and Services Tax (GST) in 2017 represented a major shift to a unified indirect tax regime intended to reduce cascading taxes and improve inter-state trade. Empirical work shows mixed effects: GST simplified compliance for many businesses but fiscal federal relations and rate fragmentation across slabs persisted, requiring iterative fixes. Recent analyses also emphasize the government's focus on fiscal consolidation and expenditure reallocation.

Labour market reforms

Between 2019–2020 India consolidated multiple labour statutes into four labour codes (wages, social security, industrial relations, and occupational safety). Scholars argue that codification can simplify compliance and make the regulatory environment more suited to the gig economy, but implementation challenges, ambiguity on enforcement and concerns about worker protections have generated debate.

Agricultural reforms and social mobilization

The farm laws enacted in 2020 (and subsequently repealed in 2021 after large protests) highlighted the political economy of agricultural reform. Analyses highlight that while the reforms aimed to liberalize marketing, concerns about minimum support prices (MSP), corporate buyer power, and loss of state protections led to mass mobilization and policy rollback—showing that reform design must consider both market efficiencies and social safeguards.

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Digital governance and public finance management

Digital infrastructure—Aadhaar (unique ID), digital payment systems, and Direct Benefit Transfer (DBT)—has been central to improving targeting of subsidies and reducing leakages. International and domestic evaluations point to substantial gains in delivery efficiency but also to concerns over exclusion, data privacy, and digital divides.

Climate and environmental governance

India's policy stance increasingly integrates climate objectives—committing to net-zero by 2070—while balancing development priorities. Recent work underscores the need to mainstream climate resilience into infrastructure, urban planning and disaster management given rising climate impacts in Himalayan and coastal regions.

Methodology

This study adopts a mixed-method policy analysis approach:

- 1. **Document analysis:** primary government documents (legislation summaries, ministry releases) and international institutional reports (OECD, World Bank, IMF).
- 2. Secondary data synthesis: macroeconomic indicators, inflation and fiscal statistics from reputable institutions.
- 3. Scholarly synthesis: peer-reviewed papers, policy briefs, and think-tank scorecards to triangulate findings on reform outcomes.
- 4. **Analytical framework:** the paper evaluates reforms along three dimensions (a) economic efficiency (growth and fiscal impact), (b) inclusivity (distributional and employment effects), and (c) governance (implementation, monitoring and institutional capacity).

Where quantitative attribution is limited by data, the paper relies on credible secondary analyses and highlights areas requiring further empirical work.

Major policy reforms: description and assessment

GST and fiscal architecture reforms

GST unified a fragmented indirect tax system and expanded the tax base over time. While initial implementation posed compliance challenges, improvements in e-filing and input-credit mechanisms helped integration. Recent fiscal targets emphasize consolidation—FY 2024–25 saw lower fiscal deficit targets and fiscal prudence measures, though state-centre dynamics remain an on-going negotiation point for revenue sharing and compensation.

Labour law codification

The four labour codes aim to simplify regulation and attract investment by standardizing definitions and streamlining approvals. Assessment: codification reduces multiplicity of laws, but issues remain around worker representation, enforcement capacity at state levels, and the balance between flexibility for employers and protection for informal workers transitioning across sectors. Evidence suggests outcomes vary substantially across states depending on administrative readiness.

Agricultural policy experimentation and backlash

The 2020 farm laws attempted to deregulate agricultural markets and promote contract farming. The subsequent massive farmer protests and repeal highlighted the mismatch between reform design and political/social safeguards (MSP uncertainty, local mandi system role). The episode underscored that reforms in politically sensitive sectors require robust stakeholder engagement and compensatory institutional frameworks.

Digital governance—Aadhaar, DBT, and fintech integration

Digital identity and payment reforms dramatically improved targeting of subsidies and liquidity transfers (especially during the COVID-19 pandemic), reducing leakages and transaction costs. However, exclusion risks persist for populations without reliable digital access, and there are on-going debates on privacy, consent and data governance.

Climate-sensitive policy adjustments

India's policy mix increasingly focuses on renewables adoption, energy efficiency, and disaster preparedness. Nonetheless, environmental pressures—air pollution episodes, Himalayan climate risks—signal gaps between policy commitments and localized planning/accountability. Integration of climate resilience with local development and urban planning remains a priority.

Contemporary challenges

Employment and labour markets: jobless or weak jobs growth

Despite GDP growth, job creation—particularly formal, high-quality employment—has lagged. Structural transformation has not produced enough manufacturing jobs; services growth has been strong but often does not generate secure employment for the large workforce transitioning from agriculture. Labour codes simplify rules but are insufficient without active labour market policies (skills, apprenticeships, MSME support).

Agrarian distress and rural livelihoods

Smallholder farming remains vulnerable to price volatility, input cost shocks, and climate variability. The farm laws episode revealed social and institutional constraints. Enhancing rural incomes requires integrated approaches: better market access, risk management (crop insurance), rural non-farm employment, and infrastructure.

Fiscal constraints and public investment tradeoffs

While fiscal consolidation has improved headline deficits, constrained public investment in health, education and green infrastructure can impede human capital and resilience building. Balancing short-term fiscal prudence with strategic investment is a persistent policy tension.

Environmental degradation and climate risk

Air pollution, water stress and climate-induced disasters threaten health and productivity. Himalayan states and coastal areas are increasingly exposed to extreme events, exposing weaknesses in infrastructure planning and disaster-resilient investment. Recent reports point to recurrent poor air-quality days and extreme events that demand integrated policy responses.

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Implementation and governance bottlenecks

Policy design is often stronger than implementation. Challenges include capacity constraints at state/municipal levels, monitoring and evaluation gaps, and uneven digital access that may produce exclusion during ostensibly better-designed digital delivery systems.

Policy recommendations

Below are priority recommendations to make reforms more effective and inclusive.

- Strengthen subnational implementation capacity: invest in state and local administrative systems, digital infrastructure, and human resources so that national reforms translate into local outcomes. Create dedicated implementation support units and performance metrics.
- 2. **Active labour market policies:** complement labour law reforms with skilling, apprenticeships, MSME credit access and incentives for labour-intensive manufacturing to accelerate formal job creation.
- 3. **Inclusive agricultural reforms:** revisit market reforms with statutory protections (e.g., transparent MSP mechanisms, price stabilization funds, and regulatory safeguards for contract farming), and prioritize extension, storage, and market infrastructure to improve bargaining power for smallholders.
- 4. **Counter-cyclical and growth-enabling fiscal space:** retain flexibility to invest in public goods (health, education, green infrastructure) while maintaining medium-term fiscal sustainability. Innovative financing (public-private partnerships with strong accountability, climate finance) can help.
- 5. **Mainstream climate resilience:** require climate-proofing of infrastructure investments, integrate nature-based solutions, and strengthen early-warning and disaster risk finance mechanisms, especially for fragile Himalayan and coastal regions.
- 6. **Digital inclusion and data governance:** scale up community digital access points, enhance digital literacy, and establish robust data protection laws to minimize exclusion and privacy risks within digital welfare systems.
- 7. **Participatory reform processes:** ensure major reforms—especially in sensitive sectors like agriculture and labour—use consultative processes, phased pilots, and sunset clauses to build trust and allow course corrections.

Conclusion

India's recent policy reform agenda is ambitious and multidimensional. Reforms such as GST, labour code codification and digitalization offer important structural gains. However, their ultimate success depends on effective implementation, distributive safeguards, and complementary policies to generate inclusive employment and climate resilience. Going forward, policy design must couple efficiency objectives with political economy realities and investments in administrative capacity to realize transformative outcomes.

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Conflicts of interest

The authors declare that there are no conflicts of interest regarding the publication of this paper.

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