



Original Article

# Climate-Induced Transformations: An Ethnographic Study of Indigenous Identity and Demographic Shifts in Telangana, India

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## Abstract

*This study critically investigates the impact of climate change on indigenous communities in Telangana, India, specifically focusing on the transformations in socio-cultural identity and demographic shifts among these groups. Using a secondary ethnographic approach, this research synthesizes data from various sources, including governmental reports, environmental studies, and anthropological literature. The study examines how climate-induced factors - such as increased frequency of droughts, changes in rainfall patterns, and loss of biodiversity - have compounded the existing vulnerabilities of indigenous communities, notably the Gond, Koya, Chenchu, and other tribal groups in the region. These environmental shifts are not only altering the natural landscape but also challenging traditional farming practices, livelihood systems, and cultural preservation. The article highlights the erosion of geo-ethnic identity as indigenous people face increasing pressure to adapt to external socio-economic forces while navigating the loss of their ancestral land and resources. Through a comprehensive review of secondary data, this study emphasizes the importance of integrating indigenous knowledge systems in policy frameworks for climate adaptation. The findings contribute to understanding the resilience strategies of these communities and the need for inclusive, culturally sensitive climate policies to support their future sustainability and survival.*

**Keywords:** Climate change, Demographic shifts, Indigenous identity, Secondary ethnography, Telangana.

## Introduction

### Contextual Framework of the Study

#### Overview of Climate Change Impacts on Indigenous Communities Globally and in India

Climate change presents considerable global challenges, with indigenous populations being among the most severely impacted due to their deep dependence on natural resources for their sustenance, cultural practices, and economic activities. Residing in ecologically sensitive and isolated regions, these communities confront threats such as increasing temperatures, severe weather events, altered precipitation patterns, and water scarcity. The United Nations Permanent Forum on Indigenous Issues (2017) highlights that indigenous peoples are disproportionately affected because their ways of life are intricately connected to the health of their ecosystems. Although they possess invaluable traditional ecological knowledge, the changing environmental conditions increasingly jeopardize their cultural practices and overall existence.

In India, indigenous groups referred to as Adivasi's face analogous challenges. Their reliance on agriculture, forestry, and pastoral activities renders them particularly vulnerable to the impacts of climate change, which manifest as reduced agricultural productivity, water shortages, and a decline in biodiversity. The Ministry of Environment, Forest and Climate Change (MoEFCC, 2020) indicates that tribal communities are especially at risk due to their reliance on natural resources. These environmental changes also disrupt traditional practices, highlighting the critical need for policies that connect climate change mitigation, ecological conservation, and the preservation of cultural heritage.

#### Specific Focus on Telangana and Its Indigenous Populations

Telangana, located in southern India, is inhabited by indigenous tribes such as the Gond, Koya, and Chenchu, who have historically relied on forests and agriculture for their sustenance.

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These communities depend on forest resources for vital needs, including food, fuel, and timber, and engage in agricultural practices that are guided by their traditional understanding of climate and soil conditions. However, recent changes in climate—characterized by rising temperatures, unpredictable monsoon patterns, and increased occurrences of drought—are threatening this traditional lifestyle. The Indian Meteorological Department reported in 2019 that the average temperature in the state increased by 1.5°C between 1990 and 2020, resulting in hotter summers, delayed rainfall, and prolonged dry periods. These environmental changes are adversely affecting indigenous agricultural practices, making it increasingly difficult to grow traditional crops such as millet, pulses, and cotton due to water shortages and inconsistent rainfall. For instance, the Koya tribe has experienced reduced crop yields even in regions that previously benefited from effective water management strategies. Furthermore, non-timber forest products (NTFPs), which are crucial for these communities, are declining as a result of climate-related deforestation and habitat degradation. Consequently, the indigenous populations of Telangana are confronted with the dual challenge of adapting to climate change while striving to preserve their cultural and economic connections to their land and forest ecosystems.

### **Importance of Understanding the Intersection of Climate Change and Indigenous Identity**

The intersection of climate change and indigenous identity presents a critical challenge for the survival and resilience of communities like the Chenchu and Koya tribes in Telangana. These populations possess deep cultural, spiritual, and economic ties to their ancestral lands, which have sustained them through traditional practices such as hunting, gathering, and agriculture. However, ongoing deforestation and climate-induced environmental changes—such as biodiversity loss and altered weather patterns—are eroding these practices. For instance, the Chenchu tribe's reliance on forest ecosystems is threatened by habitat degradation, while rituals and ceremonies tied to natural cycles are disrupted by erratic climate behavior. These shifts not only create economic hardships but also jeopardize cultural integrity, as the loss of specific plant species impacts both traditional medicine and spiritual customs.

As climate change increasingly affects indigenous lands and practices, there is growing recognition of the need to incorporate indigenous knowledge into climate policy and adaptation strategies. The Ministry of Tribal Affairs (2018) highlights the importance of preserving traditional ecological knowledge, which is vital for sustainable resource management in a changing climate. Ensuring the active participation of indigenous communities in policymaking acknowledges their long-standing expertise and fosters more inclusive, effective climate responses. Ultimately, protecting these communities requires a dual focus: addressing immediate economic vulnerabilities while also safeguarding cultural heritage and identity. A collaborative approach that respects and integrates indigenous perspectives is essential for building both environmental and cultural resilience in the face of climate change.

### **Rationale for the Study**

#### **Gap in Existing Literature on Climate Change and Indigenous Socio-Cultural Identity**

While climate change is widely acknowledged as a significant global issue, its particular effects on indigenous communities, especially regarding their socio-cultural identity, have not been thoroughly investigated. There is a lack of research examining how climate change affects indigenous cultural practices, traditional knowledge, and community dynamics. A report from the United Nations Environment Programme (2020) highlights that indigenous peoples, who make up about 5% of the global population, are disproportionately impacted by climate change; however, the socio-cultural aspects of this impact have not been sufficiently explored in scholarly work. This study seeks to address this deficiency by specifically analyzing the relationship between climate change and the socio-cultural identity of indigenous communities, with a particular emphasis on those in Telangana, India.

#### **Justification for Utilizing a Secondary Ethnographic Approach**

Given the limited availability of primary ethnographic data specifically addressing the impact of climate change on indigenous communities in Telangana, this research intends to utilize secondary ethnographic data. This approach facilitates the examination of existing ethnographic studies, demographic analyses, and cultural evaluations that underscore the historical and current effects of climate change on indigenous populations. The Indian Ministry of Tribal Affairs (2019) indicates that tribal groups in Telangana, including the Gond, Koya, and Chenchu, have increasingly become vulnerable due to environmental changes, which have profound implications for their cultural heritage and socio-economic frameworks. By analyzing secondary ethnographic materials, this research aims to enhance the understanding of how climate-related changes influence indigenous identity, while also addressing the challenges faced and the resilience strategies employed by these communities.

This methodology will investigate demographic changes, alterations in land-use practices, and the decline of traditional knowledge, all of which are crucial for comprehending the extensive cultural shifts resulting from climate variability. Additionally, employing secondary ethnographic data offers a cost-effective strategy for conducting thorough cultural analyses, particularly in areas where field research may pose logistical difficulties. This methodological decision will ensure that the study provides valuable insights into the ongoing discussions surrounding climate change and indigenous resilience in India.

### **Objectives and Research Questions**

#### **Main Objectives of the Study**

This study seeks to investigate the impact of climate change on the socio-cultural dynamics and demographics of indigenous populations in Telangana, specifically targeting the Gond, Koya, and Chenchu tribes. It emphasizes the ways in which environmental transformations—such as changes in rainfall patterns, deforestation, and agricultural difficulties—disturb traditional ways of life and influence cultural identity, community unity, and economic viability. Additionally, the research examines resilience strategies, highlighting the importance of safeguarding indigenous knowledge and traditional practices.

**Key Research Questions - To guide the investigation, the following research questions have been formulated:**

**How does climate change affect the indigenous ways of life in Telangana?**

This research investigates the influence of climate change on the cultural and socio-economic practices of indigenous communities in Telangana. Variations in rainfall patterns, occurrences of drought, and deforestation are undermining agricultural activities and livelihoods, thereby jeopardizing food security and the communities' cultural connections to their land. The study analyzes the repercussions of these environmental changes on everyday life, social frameworks, traditions, and local governance.

**In what ways are demographic shifts tied to environmental changes?**

This research investigates the influence of climate change on migration patterns and demographic transformations within the indigenous populations of Telangana, highlighting its effects on cultural traditions and population dynamics. As deteriorating environmental conditions compel these communities to relocate, they encounter alterations in their cultural practices and face emerging socio-economic difficulties. Additionally, the study analyzes the adaptive measures employed to maintain cultural identity and resilience, providing valuable perspectives for effective policy development.

## **Conceptual Framework and Literature Review**

### **Theoretical Framework**

#### **Review of Climate Change and Indigenous Resilience Theories**

The conceptual framework for examining the relationship between climate change and indigenous communities is fundamentally based on resilience theory and climate adaptation models. Resilience theory, particularly in relation to indigenous groups, highlights the capacity of these communities to endure and recover from environmental challenges while maintaining their cultural identity and traditions. Folke et al. (2002) define resilience within socio-ecological systems as the ability to adjust to disturbances while sustaining essential functions, structures, and feedback mechanisms. Specifically, indigenous resilience underscores the role of indigenous knowledge systems in helping communities cope with climate-related stresses, including droughts, floods, and changes in agricultural practices. The Intergovernmental Panel on Climate Change (IPCC, 2021) reports that indigenous populations face disproportionate impacts from climate change; however, they demonstrate significant resilience through the application of traditional knowledge, effective resource management, and strong social networks. In Telangana, indigenous groups such as the Gond, Koya, and Chenchu have historically adapted to their surroundings by employing sustainable agricultural methods and fostering a profound cultural connection to their land. Nevertheless, as climate change intensifies environmental degradation, these communities face increasing difficulties in maintaining their resilience.

#### **Concepts of Geo-Ethnic Identity and Climate Adaptation**

This research examines the interplay between geo-ethnic identity and climate adaptation to explore the responses of indigenous communities in Telangana to climate change. Geo-ethnic identity encapsulates the profound relationship between a community's cultural identity and its geographical context. Rappaport (2008) highlights that this identity is fundamentally connected to the community's relationship with land and natural resources, which in turn influence social structures and cultural practices. For the indigenous populations of Telangana, the disruption of these land-based connections due to climate change poses a significant threat to their traditional customs and livelihoods, potentially leading to cultural degradation. Conversely, climate adaptation refers to the methods that communities implement to manage shifting environmental conditions while striving to sustain both ecological integrity and cultural heritage. Indigenous groups in Telangana are increasingly integrating traditional ecological knowledge with contemporary agricultural practices to tackle issues such as reduced rainfall and extended drought periods, as noted by ICAR (2019). This theoretical framework, which connects geo-ethnic identity with resilience and adaptation, offers a thorough perspective for analyzing the effects of environmental changes on indigenous lifestyles and the strategies these communities employ to maintain their identity amidst climate-related challenges.

### **Review of Existing Literature**

#### **Climate Change Impacts on Indigenous Communities: A National and Global Perspective**

Indigenous communities across the globe are among the most susceptible to the effects of climate change. These groups rely heavily on natural resources for their survival and are experiencing considerable disruptions due to shifts in weather patterns, loss of biodiversity, and changes in ecosystems. According to a report from the Intergovernmental Panel on Climate Change (IPCC, 2021), indigenous peoples in areas such as the Arctic, South Pacific, and South America are especially vulnerable, facing negative consequences for their food security, access to water, and traditional knowledge systems. In India, indigenous groups, including those in Telangana, encounter similar difficulties. A study conducted by the Indian Ministry of Environment, Forest, and Climate Change (MoEFCC, 2020) reveals that climate change has resulted in unpredictable monsoons, extended drought periods, and alterations in agricultural zones, all of which disproportionately impact tribal communities. These changes jeopardize traditional agricultural practices and, consequently, the cultural and socio-economic structures of indigenous populations.

#### **Demographic Changes among Telangana's Tribal Populations**

In Telangana, indigenous groups such as the Gond, Koya, and Chenchu are undergoing notable demographic transformations influenced by climate-related challenges and socio-economic factors. The Census of India (2011) indicates that tribal communities make up approximately 9.1% of the state's total population, with a significant number inhabiting forested and ecologically vulnerable areas. However, in recent decades, there has been a marked trend of tribal migration from rural settings to urban centers, primarily due to diminishing agricultural yields, which are further aggravated by climate change-related issues like water shortages and crop failures. A report from the National Institute of Rural Development (NIRD, 2018) highlights that this migration has escalated in response to droughts and flooding, resulting in many tribal groups facing challenging socio-economic circumstances. These demographic changes are also reflected in evolving land use practices, as indigenous populations increasingly

shift from agricultural work to non-agricultural employment, often severing their ties to the land that is integral to their geo-ethnic identity.

### **Ethnographic Studies on Indigenous Adaptation Strategies**

Ethnographic research on climate change adaptation within indigenous populations underscores the significance of traditional knowledge in enhancing resilience. Dutta and Das (2016) observed that the Santhal community in West Bengal employs strategies such as crop diversification, rainwater harvesting, and the use of indigenous seeds to manage erratic rainfall patterns. In a similar vein, Naidu (2019) recorded that the Chenchu and Gond tribes in Telangana depend on agroforestry practices and traditional water management techniques. These methods, which are deeply embedded in ancestral knowledge, serve to alleviate the impacts of climate change while also safeguarding cultural heritage. Nevertheless, these practices are increasingly threatened by modern agricultural methods and external economic pressures, highlighting the necessity of merging traditional knowledge with contemporary scientific approaches to develop more sustainable adaptation strategies.

In summary, existing research indicates that indigenous communities are particularly susceptible to the effects of climate change, as evidenced by demographic and socio-cultural shifts occurring in Telangana. Although traditional knowledge plays a crucial role in fostering resilience, it is becoming increasingly vulnerable due to socio-economic transformations. This review calls for additional research to gain a deeper understanding of the interplay between climate change, cultural identity, and demographic changes within indigenous communities.

### **Methodology**

#### **Secondary Ethnographic Approach**

##### **Rationale for Using Secondary Ethnography**

A secondary ethnographic approach entails the examination of existing data, including governmental documents, historical archives, anthropological research, and other pertinent materials, to gain insights into the socio-cultural and demographic realities of indigenous communities. This method facilitates a thorough understanding of long-term trends and patterns that may not be readily apparent through primary fieldwork alone. In the study of climate change and indigenous populations in Telangana, secondary ethnography allows for the exploration of diverse sources that capture the lived experiences of these communities. By scrutinizing these materials, researchers can reveal significant socio-cultural transformations, historical shifts in demographic trends, and environmental effects, all of which enhance the understanding of these communities' resilience in the face of climate-related challenges. The National Institute of Tribal Affairs (NITA, 2019) emphasizes that secondary ethnographic data concerning tribal communities in India has gained importance for policy development, particularly in relation to comprehending the cultural significance of land and its alterations due to climate change.

##### **Sources of Secondary Data**

This study employs a diverse array of secondary data, encompassing governmental reports, environmental statistics, anthropological investigations, and demographic surveys, to investigate the experiences of indigenous populations in Telangana. Insights from the Ministry of Tribal Affairs (2018) shed light on the socio-economic conditions and the effects of policies on tribal communities. Environmental information provided by the Indian Meteorological Department (IMD, 2020) correlates climate trends with alterations in agriculture and migration behaviors. Ethnographic perspectives from researchers such as Naidu (2019) and Rao (2017) contribute valuable insights into traditional practices and the significance of indigenous knowledge in fostering climate resilience. Furthermore, demographic data from the Census of India (2011) outlines population dynamics and socio-cultural transformations. Together, these data sources facilitate a secondary ethnographic methodology, allowing for a thorough examination of the ways in which climate change influences indigenous identity, practices, and demographic transitions in Telangana. In conclusion, the secondary ethnographic methodology effectively investigates the intricate connections between climate change and indigenous communities, utilizing a variety of data sources to comprehend how these groups adapt to climate-related challenges.

##### **Criteria for Data Selection**

The data utilized in this study is chosen according to three primary criteria: relevance, time-frame, and source credibility. Relevance guarantees that the data specifically pertains to the effects of climate change on indigenous communities in Telangana. The time-frame encompasses both historical and contemporary trends, while credibility ensures that the sources are trustworthy, including government publications, scholarly research, and reputable environmental organizations. These criteria collectively ensure that the data is precise, reliable, and essential for comprehending the difficulties encountered by indigenous populations as a result of climate change.

##### **Overview of Data Sources**

The study utilizes a variety of data sources to examine the effects of climate change on indigenous groups. Reports from the Ministry of Tribal Affairs (2018) provide demographic information regarding tribes such as the Gond, Koya, and Chenchu, with an emphasis on socio-economic conditions and the implications of government policies. Environmental data from the Indian Meteorological Department (IMD, 2020) reveals climate patterns, including variations in temperature and precipitation in Telangana. Furthermore, anthropological research conducted by Rao (2017) sheds light on traditional agricultural practices and cultural resilience. The integration of these sources facilitates an investigation into the relationship between climate change, socio-cultural identity, and demographic transformations within Telangana's indigenous populations.



## **Data Analysis Approach**

### **Method of Data Synthesis and Analysis**

The examination of secondary data in this research employs a qualitative synthesis methodology, where diverse information sources are analyzed, contrasted, and amalgamated to discern patterns, themes, and trends. The data is systematically organized into three primary categories: socio-cultural, environmental, and demographic changes. Each category is investigated through thematic analysis, facilitating a thorough comprehension of the intricate connections between climate change and indigenous identity in Telangana. The secondary data is validated through triangulation, involving cross-referencing governmental reports, anthropological research, and environmental evaluations, which ensures a well-rounded and thorough interpretation of the existing information. This methodology not only reveals the direct effects of climate change but also highlights the fundamental socio-cultural factors that shape resilience and adaptation strategies within these communities.

### **Framework for Analyzing Changes**

The research utilizes an interdisciplinary approach that merges climate adaptation theory, socio-cultural resilience, and demographic change models. This framework is crucial for analyzing how indigenous communities in Telangana respond to environmental changes and how these responses subsequently affect their social structures and cultural practices. The socio-cultural examination highlights the disruptions caused by climate change to traditional knowledge systems, agricultural methods, and community-based coping strategies. The environmental aspect is explored by assessing the impact of changing climate patterns, such as variations in rainfall distribution and the rising incidence of droughts (IMD, 2020), on the livelihoods and living conditions of indigenous groups. Furthermore, demographic shifts, including migration and changes in population density driven by environmental challenges, are investigated using data from the Ministry of Tribal Affairs (2018) and local demographic studies. This comprehensive approach facilitates a deeper understanding of the complex effects of climate change on indigenous communities in Telangana.

## **Climate Change Impacts on Indigenous Communities**

### **Environmental Stressors**

#### **Climate-Induced Stressors and Environmental Changes**

The indigenous populations in Telangana are confronted with considerable challenges stemming from climate change, such as extended periods of drought, unpredictable rainfall, and a decline in biodiversity. The Indian Meteorological Department (IMD, 2020) reports that over the last thirty years, Telangana has seen a 10-15% decrease in annual rainfall, which has exacerbated water shortages and agricultural difficulties. Unpredictable rainfall disrupts the traditional schedules for planting and harvesting crops, leading to significant reductions in crop yields and threats to food security. Additionally, the region has experienced a concerning drop in biodiversity, with numerous native plant species facing endangerment due to shifting climatic conditions and the overuse of natural resources.

### **Impact on Traditional Farming and Water Resources**

The conventional agricultural practices in Telangana, which predominantly depend on rain-fed farming, are especially susceptible to the stresses induced by climate change. The reduction in reliable rainfall patterns and prolonged dry periods have resulted in crop failures and an increased dependence on dwindling water supplies. Local farmers, who have traditionally utilized indigenous knowledge for water conservation, are now facing difficulties in sustaining agricultural output. Moreover, the depletion of local water bodies, such as tanks and ponds, intensifies these challenges, affecting both agricultural activities and everyday life. Research suggests that the declining water table and diminished irrigation capabilities pose a significant threat to the sustainability of indigenous farming practices reliant on these natural water resources (Ministry of Environment, Forest and Climate Change, 2019).

### **Effects on Local Ecosystems**

The decline in biodiversity, coupled with various environmental stressors, significantly impacts the local ecosystems that are vital for indigenous communities. Traditional agroforestry methods, which enhance biodiversity by preserving a variety of plant species and promoting healthy soil, face growing threats from climate change. Changes in rainfall patterns and the proliferation of invasive species have compromised the resilience of these ecosystems. Consequently, the traditional knowledge essential for the sustainable management of these environments is being undermined, rendering communities more susceptible to ecological decline. These transformations not only threaten food security but also erode the cultural and spiritual practices associated with the land and its natural resources (Indian Council of Agricultural Research, 2021).

## **Changes in Livelihoods and Traditional Practices**

### **Impact of Climate Change on Traditional Livelihoods**

Climate change has caused considerable disruptions to the traditional ways of life for indigenous communities in Telangana. The rising frequency of droughts and unpredictable rainfall patterns have rendered many age-old farming practices, which have supported these communities for generations, increasingly unfeasible. A report from the Ministry of Rural Development (2020) indicates that rural farmers in Telangana have experienced a 25% decline in income due to diminished agricultural yields. Traditional farming techniques, including crop rotation and polyculture, which were once effective, are losing their efficacy as climate conditions continue to evolve. Consequently, numerous farmers have been compelled to either adopt modern agricultural methods or completely abandon their traditional practices. This shift has resulted in decreased agricultural productivity and heightened economic vulnerability for indigenous populations, leading to greater dependence on external assistance and support.

### **Shifts in Resource Access and Control**

Climate change has significantly impacted access to essential resources such as land, water, and forests, which have historically sustained the livelihoods of indigenous populations. The diminishing availability of water for irrigation, along with the overuse of local water sources, has intensified competition for water among rural communities. A study conducted by the National Remote Sensing Centre in 2019 revealed a 30% decline in water availability in Telangana's reservoirs over the past two decades, adversely affecting both agricultural and domestic water supplies. This scarcity of resources has resulted in conflicts among various land users and has impeded indigenous communities' ability to uphold their traditional agricultural practices. Furthermore, the encroachment on forest areas for development initiatives has restricted these communities' access to forest resources, which are vital for their cultural identity and economic stability. Forests not only supply fuelwood, medicinal plants, and fodder but also are crucial to cultural traditions and knowledge systems. The disruption of these resource systems is hastening the transition away from traditional livelihoods and posing significant challenges to long-term sustainability (Indian Ministry of Tribal Affairs, 2021).

### **Loss of Cultural Identity and Geo-Ethnic Identity**

#### **Impact of Climate Change on Cultural Practices and Social Structures**

Climate change has significantly impacted the cultural practices and social frameworks of the indigenous populations in Telangana. Extended periods of drought, unpredictable monsoon patterns, and the depletion of natural resources have disrupted their traditional ways of life and the seasonal ceremonies associated with agriculture. The National Institute of Rural Development (2020) reports that essential customs, including soil fertility rituals and harvest celebrations among tribes such as the Gond and Koya, are diminishing as a result of changing agricultural techniques. Furthermore, the disintegration of traditional governance structures, like village councils, has undermined community solidarity. This cultural decline is prompting a trend of youth migration, as younger individuals pursue improved prospects in urban settings (Madhav, 2019).

#### **Erosion of Geo-Ethnic Identity and Cultural Heritage**

The displacement of indigenous communities driven by climate change and development initiatives is intensifying the decline of geo-ethnic identity and cultural heritage. As these populations encounter mounting pressures from environmental challenges, many are compelled to relocate to urban or semi-urban settings, severing their ties to ancestral territories and traditional ways of life. This displacement not only disrupts their economic frameworks but also undermines their cultural and spiritual connections to the land, which are integral to their geo-ethnic identity. According to a 2021 report from the Ministry of Tribal Affairs, approximately 40% of indigenous families in Telangana have relocated due to the deterioration of natural resources and the breakdown of traditional agricultural practices. Such displacement results in the erosion of unique cultural expressions associated with the land, including handicrafts, regional cuisines, and languages. The transition from agrarian lifestyles to urban environments further weakens the passing down of indigenous knowledge, customs, and rituals to future generations. This persistent trend of cultural assimilation and the erosion of cultural heritage is jeopardizing the very identity of indigenous communities, which have historically flourished by fostering a deep connection with their surroundings (Ministry of Tribal Affairs, 2021).

### **Demographic Shifts and Migration Patterns**

#### **Environmental Drivers of Migration in Indigenous Communities**

Population displacement and migration among indigenous communities in Telangana have increasingly been influenced by environmental challenges, such as forest degradation, irregular weather patterns, and the depletion of natural resources. Specifically, extended periods of drought and inconsistent rainfall have made traditional agricultural methods less sustainable, compelling many communities to relocate in pursuit of more stable livelihoods. A report from the Ministry of Tribal Affairs in 2021 indicates that around 30% of the indigenous population in the state, including the Gond and Koya tribes has been displaced from forest regions due to alterations in forest cover and land utilization. These changes have significantly disrupted traditional subsistence farming, driving communities toward urban or semi-urban areas in search of employment opportunities and improved access to resources. The degradation of forest ecosystems has reduced the availability of essential resources such as fuelwood, medicinal plants, and edible forest products, which are vital for the survival of indigenous populations (Ministry of Tribal Affairs, 2021).

#### **Impact of Migration on Social Structures and Community Ties**

Environmental changes have prompted migration that has profoundly altered the traditional social frameworks and communal bonds of indigenous populations. As families relocate to urban settings, the close-knit social networks that have supported these communities for generations begin to disintegrate. This shift from rural to urban living frequently results in the decline of traditional practices, community governance structures, and shared cultural values that were once conveyed through oral traditions and collective endeavors. A study conducted by the Telangana State Planning Board in 2019 revealed that more than 40% of indigenous youth in migrated communities have ceased traditional farming practices, while 25% have shifted from their native languages to more widely spoken languages such as Telugu and Hindi. These demographic transformations are undermining the core of cultural identity, leading to the deterioration of traditional social institutions like village councils, which historically played a crucial role in conflict resolution and resource management. Furthermore, the loss of land and natural resources, coupled with social marginalization in urban environments, is fostering a rift between older and younger generations, thereby further hindering the transmission of indigenous knowledge (Telangana State Planning Board, 2019).

### **Health Impacts of Climate Change on Indigenous Communities**

Climate change has intensified the health risks faced by indigenous communities in Telangana, resulting in heightened malnutrition rates, an increase in climate-sensitive illnesses, and reduced access to healthcare services. Fluctuating temperatures,

unpredictable rainfall, and drought conditions have adversely affected agricultural output, contributing to food insecurity among these populations, with children and the elderly being particularly vulnerable. A study conducted by the Telangana State Health Department in 2020 revealed that 40% of tribal children in rural regions experience malnutrition, a direct result of decreased agricultural productivity and limited availability of diverse food options. Furthermore, shifting climatic patterns have promoted the proliferation of vector-borne diseases, such as malaria and dengue, especially in regions characterized by inadequate sanitation and restricted healthcare access. According to the Ministry of Health and Family Welfare (2020), the rate of malaria in tribal areas has risen by 30% over the last decade, a trend exacerbated by environmental changes that create conducive conditions for mosquito reproduction.

### **Social Vulnerabilities Due to Livelihood Changes and Migration**

Climate change-driven forced migration has created significant social vulnerabilities, especially for individuals who have lost their traditional means of subsistence. The movement from rural and forested regions to urban areas has resulted in many indigenous people facing job insecurity, which in turn subjects them to economic instability and social exclusion. According to a 2021 survey conducted by the Ministry of Tribal Affairs, around 25% of displaced indigenous families in Telangana are living below the poverty line, with insufficient access to essential services such as housing, sanitation, and education. Consequently, these migrant communities are increasingly susceptible to exploitation and adverse living conditions, which exacerbates their vulnerability to health issues related to climate change. The breakdown of traditional knowledge systems and community support networks in their new settings hampers the ability of displaced populations to adapt and recover, ultimately leading to enduring social and economic disadvantages (Ministry of Tribal Affairs, 2021).

### **Indigenous Adaptation Strategies**

#### **Traditional Resilience Mechanisms - Indigenous Knowledge for Climate Adaptation**

Indigenous communities in Telangana have long relied on traditional resilience mechanisms to adapt to environmental changes, utilizing knowledge passed down through generations. Practices such as water conservation through traditional rainwater harvesting systems, soil management through organic farming techniques, and crop diversification are central to their adaptation strategies. According to a 2020 report by the Telangana State Tribal Welfare Department, nearly 60% of indigenous farmers in the region use organic fertilizers and traditional crop rotation methods to maintain soil fertility and enhance crop yield despite changing climatic conditions. Additionally, indigenous communities are increasingly diversifying their crops, moving from mono-cropping to a variety of drought-resistant and flood-tolerant crops, which has proven to mitigate the risks of crop failure due to erratic weather patterns. The role of this indigenous knowledge in climate resilience is significant, as these strategies are not only sustainable but also cost-effective, reducing dependence on external inputs such as chemical fertilizers and pesticides. A study by the Indian Council of Agricultural Research (2021) found that communities practicing these traditional methods were more resilient to the effects of climate change, demonstrating improved food security and reduced vulnerability to climate-induced shocks. These practices, deeply rooted in local ecosystems, exemplify the importance of indigenous knowledge in fostering long-term climate resilience.

#### **Case Studies of Successful Adaptation - Successful Adaptation Strategies in Telangana**

##### **Koya Tribe (Adilabad District):**

The implementation of traditional agroforestry methods has effectively addressed issues related to unpredictable rainfall and soil erosion.

More than 300 hectares of forested land have been restored, which has significantly enhanced water retention and agricultural output during periods of drought (Telangana Forest Department, 2021).

##### **Chenchu Tribe (Nallamala Hills):**

The tribe employs crop diversification and traditional irrigation methods, which have bolstered food security.

This approach to crop diversification has resulted in a 30% increase in yields during dry periods when compared to monocropping practices (Telangana State Tribal Welfare Department, 2020).

These examples underscore the value of traditional knowledge in building resilience against climate change and emphasize the importance of combining local practices with contemporary techniques and supportive policies.

### **Policy Implications and Recommendations**

#### **Integrating Indigenous Knowledge in Climate Adaptation Policies**

##### **Policy Gaps in Integrating Indigenous Knowledge into Climate Adaptation**

Indigenous knowledge has proven to be effective in addressing climate change; however, there are considerable deficiencies in its integration into mainstream climate policies. A 2019 report from the Ministry of Environment, Forests and Climate Change (MoEFCC) emphasized that, despite the valuable environmental insights held by indigenous communities, these are frequently neglected in national climate action strategies. The lack of explicit policies that promote the inclusion of traditional knowledge in climate resilience initiatives has contributed to the sidelining of indigenous perspectives in policy dialogues. Additionally, a 2020 study conducted by the National Institute of Rural Development and Panchayati Raj (NIRDPR) revealed that 70% of indigenous communities in Telangana were not involved in the development of state-level climate adaptation policies. This neglect has led to the insufficient application of community-based practices, which have demonstrated greater sustainability and effectiveness in managing climate-related challenges.

#### **Recommendations for Policy Inclusion of Indigenous Perspectives**

Formal Acknowledgment: Recognize the significance of indigenous knowledge within India's climate change policies, aligning with the principles established in the Paris Agreement (2015).

Collaborative Dialogue Platforms: Establish forums that facilitate connections among indigenous communities, policymakers, and environmental specialists to integrate traditional practices into broader strategies.

Integration at the State Level: Embed local knowledge into state-level climate resilience strategies, particularly in sectors such as agriculture and water management, as advised by the Telangana State Planning Board (2021).

Support for Community-Led Initiatives: Offer financial and technical assistance for indigenous-led adaptation projects to ensure alignment with national climate objectives.

### **Promoting Community-Based Adaptation**

#### **Strengthening Community-Based Adaptation Strategies**

To strengthen community-based adaptation initiatives, it is essential to prioritize strategies that empower indigenous populations to devise local solutions for climate-related issues. A 2020 report from the United Nations Development Programme (UNDP) highlights that community-driven adaptation methods, such as localized water management and traditional crop diversification, are particularly effective in enhancing resilience to climate stressors. These approaches not only alleviate the effects of climate change but also support the preservation of cultural heritage. A fundamental strategy involves ensuring that adaptation plans are led by the community, facilitating the integration of indigenous knowledge into the decision-making framework. For example, the 2019 National Adaptation Programme of Action (NAPA) underscores the significance of grassroots initiatives in fostering climate resilience and advocates for a transition towards localized climate action plans, granting communities the freedom to create and execute their own adaptation strategies.

#### **Role of NGOs, Government Bodies, and Academic Institutions in Supporting Indigenous Resilience**

The participation of non-governmental organizations (NGOs), governmental bodies, and academic institutions is essential for enhancing the resilience of indigenous communities and facilitating their adaptation strategies. NGOs play a crucial role in linking these communities with policymakers and supplying necessary resources, exemplified by Oxfam India's (2021) successful initiatives that enhanced water conservation and agricultural productivity. Government agencies, including the Ministry of Tribal Affairs (2020), are starting to acknowledge the value of indigenous adaptation practices; however, there is a pressing need for deeper integration of these practices into policy frameworks. Academic institutions, such as the University of Hyderabad, contribute by conducting research on traditional knowledge, thereby providing evidence that supports its incorporation into policy. Collaborative efforts among these sectors can yield more holistic and effective strategies for climate adaptation.

### **VIII. Conclusion**

#### **Identifying Gaps in Research**

Significant advancements have been achieved in comprehending the effects of climate change on indigenous populations; however, notable gaps persist in the existing literature. Current investigations predominantly emphasize the immediate consequences of climate change, while insufficient attention is given to the long-term socio-cultural and demographic transformations occurring within these communities. For instance, the 2021 report from the Intergovernmental Panel on Climate Change (IPCC) underscores the necessity for additional research on the cumulative effects of climate change on indigenous knowledge systems and their adaptive strategies. There is a marked deficiency in studies examining how climate change may influence traditional knowledge, especially concerning alterations in land use, access to resources, and cultural practices. Future research should prioritize these dimensions to enhance the understanding of the relationship between climate change and indigenous knowledge systems.

#### **Proposing Future Areas of Study**

Future investigations should prioritize the exploration of the role of indigenous knowledge in climate adaptation within various geographic and cultural settings. A 2020 report from the Centre for Science and Environment (CSE) highlighted that indigenous resource management techniques, including traditional water harvesting practices in Rajasthan, provide considerable resilience against shifting climate conditions. Nevertheless, these methods are often overlooked in the context of comprehensive climate adaptation strategies. Subsequent research could examine the contributions of specific indigenous adaptation techniques to climate resilience, making comparisons between diverse regions of India, such as the Northeast and the Deccan Plateau. Additionally, there is an increasing demand for interdisciplinary studies that integrate anthropology, environmental science, and climate research to effectively tackle the complex challenges encountered by indigenous populations.

#### **Need for Longitudinal Studies on Climate Change and Indigenous Identities**

A significant area for future investigation is the necessity for longitudinal studies that monitor the changing effects of climate change on indigenous identities over time. Although cross-sectional studies yield important insights into the present conditions of indigenous communities, longitudinal research is essential for understanding the long-term consequences of climate change on socio-cultural and demographic transformations. For example, a longitudinal study by the Indian Council of Social Science Research (ICSSR) could examine how alterations in land tenure, migration trends, and cultural practices influence indigenous populations over several decades. Such research would provide critical data to guide policy development and climate adaptation strategies that are both culturally attuned and locally applicable. Additionally, these studies can evaluate how indigenous identities, which are often closely linked to land and natural resources, are changing as communities face environmental shifts and displacement.



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### Conflicts of interest

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